

# Max Taylor, Psy.D., LLC

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## Child/Adolescent Intake Form

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**Parents:** To help your clinician better understand your child, please complete the following information **at least 48 hours** prior to your initial appointment. Please submit your intake to Dr. Taylor using the **“e-mail link”** located at the end of this form. Of note, all information provided is confidential.

**Child's Legal Name:** \_\_\_\_\_ Preferred Pronoun: \_\_\_\_\_

Date of Birth and Age: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Form Completed by: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

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### Presenting Problem(s)/Reason for Treatment

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What are your concerns regarding your child? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

In what ways have these concerns impacted your child's life? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

In what ways have these concerns impacted your family? \_\_\_\_\_

\_\_\_\_\_

What are some of the goals you have for your child while in treatment? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Did anyone refer you to Dr. Taylor? \_\_\_\_\_

If you were not referred, please tell us how you heard about Dr. Taylor? \_\_\_\_\_

**Please Bold All that Apply:**

|                                    |  |                                      |
|------------------------------------|--|--------------------------------------|
| Sad or unhappy most of the time    | Inconsistent Following Directions      | Sleeping Difficulties                |
| Cries Frequently                   | Talks Back to Adults/Authority Figures | Overeating                           |
| Lack of Energy                     | Aggressive Behaviors                   | Decreased Motivation for Food Intake |
| Feelings of Worthlessness/Helpless | Temper Outbursts                       | Difficulty Concentrating             |
| Apathy                             | Unmotivated                            | Impulsive Behaviors/Reactions        |
| Negative Thinking                  | Runs Away from Home                    | Complaints of Aches and Pains        |
| Angry/Irritated Easily             | Often Swears                           | Bites Nails/Pulls own Hair           |
| Loss of Previous Interests         | Often Lies                             | Takes too Many Risks                 |
| Thoughts Self Harm or Suicide      | Procrastinates                         | Negative Body Image                  |
| Vomiting                           | Social Withdrawal                      | Nervous Tics                         |

|                                  |                      |  |
|----------------------------------|----------------------|--|
| Immature                         | Energetic            | Victim of Bullying                         |
| Sensitive to Criticism           | Picks on other Kids  | Irritable                                  |
| Panic Attacks                    | Lonely               | Victim of Cyberbullying                    |
| Afraid of Rejection              | Anxious              | Gets into Physical Altercations with Peers |
| Very Shy                         | Cruel to Animals     | Isolates themselves                        |
| Rapid Mood Changes Without Cause | Perfectionist        | Tries to Boss Peers                        |
| Restless                         | Few or No Friends    | Overly Engaged in Video Games              |
| Emotionally Numb                 | Fearful              | Overly Engaged with Social Media           |
| Optimistic                       | Doesn't Trust Others | Spends too much time Online                |
| Poor Loser                       | Dating Problems      | Lives in a Blended Family                  |

|                                    |                                     |   |
|------------------------------------|-------------------------------------|---|
| Child of Divorced Parents          | Daydreams                           | Struggles with Concentration            |
| Seeks out/needs a lot of Attention | Easily Bored                        | Easily Annoyed                          |
| Has been in Trouble with the Law   | Seen as Different or Weird by Peers | Content with How Things Are             |
| Drug Use Concerns                  | Hates Going to School               | Afraid of Going to School               |
| Alcohol Use Concerns               | Learning Difficulties at School     | Problems Completing/Turning in Homework |
| Steals                             | Skips School Often                  | Often Performs Below Ability in School  |
| Victim of Physical Abuse           | Victim of Emotional Abuse           | Victim of Sexual Abuse                  |
| Has Difficulty with Pornography    | Frequency Migraines/Headaches       | Sees Things that Others Cannot See      |
| Unable to Relax                    | Unable to Relax                     | Unable to Relax                         |

Are there any other concerns that are not listed above you would like to discuss/share? \_\_\_\_\_

\_\_\_\_\_

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**Race (Optional)**

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**Mark Which Best Represents You Race:**

American Indian or Alaska Native \_\_\_ Caucasian (White) \_\_\_ Asian \_\_\_ Black or African American \_\_\_  
 Native Hawaiian or Other Pacific Islander \_\_\_ Two or More Races \_\_\_ Other: \_\_\_\_\_

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## Ethnicity (Optional)

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**Mark Which Best Represents Your Ethnicity:**

**Hispanic or Latino** (Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race) \_\_\_

**Non-Hispanic or Latino** \_\_\_

**Spanish Origin** \_\_\_

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## Sexual Orientation (Optional)

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**Mark Which Best Represents Your Identified Sexual Orientation:**

Heterosexual \_\_\_ Bicurious \_\_\_ Gay \_\_\_ Pansexual \_\_\_ Agender \_\_\_ Bisexual \_\_\_

Lesbian \_\_\_ Questioning \_\_\_ Androgyny/ous \_\_\_ Transgender \_\_\_ Demisexual \_\_\_

Third Gender \_\_\_ Asexual \_\_\_ Transitioning \_\_\_ Gender Fluid \_\_\_ Ze/Zir \_\_\_

Bigender \_\_\_ Queer \_\_\_ Intersex \_\_\_ Other \_\_\_\_\_

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## Family Relationships

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**Your Current Marital Status:**

Married \_\_\_ Separated (included living common law) \_\_\_ Single (included living common law)

Divorced (included living common law) \_\_\_ Domestic Partner (including living common law) \_\_\_

Never Married \_\_\_ Widowed (included living common law) \_\_\_

**Please List any Family Member or Supportive Individual of Significance:**

| Name | Age | Relationship | Relationship Quality       | Living with You |
|------|-----|--------------|----------------------------|-----------------|
|      |     |              | Good ___ Fair ___ Poor ___ | Yes ___ No ___  |
|      |     |              | Good ___ Fair ___ Poor ___ | Yes ___ No ___  |
|      |     |              | Good ___ Fair ___ Poor ___ | Yes ___ No ___  |
|      |     |              | Good ___ Fair ___ Poor ___ | Yes ___ No ___  |
|      |     |              | Good ___ Fair ___ Poor ___ | Yes ___ No ___  |
|      |     |              | Good ___ Fair ___ Poor ___ | Yes ___ No ___  |
|      |     |              | Good ___ Fair ___ Poor ___ | Yes ___ No ___  |

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## Developmental History

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### **Where you Born:**

Premature (more than 2 weeks early) \_\_\_\_\_ Full Term (on time) \_\_\_\_\_ Late (how long) \_\_\_\_\_

Planned C-Section \_\_\_\_\_ Emergency C-Section \_\_\_\_\_

Any Complications at birth you can recall? (please list) \_\_\_\_\_  
\_\_\_\_\_

### **During Pregnancy** (mark all that apply):

High Stress \_\_\_ Illness \_\_\_ Hospitalization \_\_\_ Accidents \_\_\_ Domestic Violence/Trauma \_\_\_

Drug Use \_\_\_ Alcohol Use \_\_\_ Smoking (Cigarettes/Vaping etc.) \_\_\_ Chewing Tobacco \_\_\_

Bed Rest \_\_\_ Blood Loss \_\_\_ Gestational Diabetes \_\_\_ Other Illnesses: \_\_\_\_\_

### **As a Toddler, did you Experience:** (mark all that apply)

Overly Active \_\_\_ Passive \_\_\_ Difficulty Separating from Parents \_\_\_ A Head Injury \_\_\_

Anxiety \_\_\_ Withdrawn \_\_\_ Sensitivity to: (clothing, light, texture, noise) \_\_\_ Nightmares \_\_\_

Any Change was Hard \_\_\_ Other: \_\_\_\_\_

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## Medical History

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Do you have allergies? If yes, please list. \_\_\_\_\_  
\_\_\_\_\_

Physical and/or Psych Hospitalizations? If yes, please list when and where. \_\_\_\_\_  
\_\_\_\_\_

Serious Accidents of any kind? \_\_\_\_\_  
\_\_\_\_\_

History of Head Injury with Loss of Consciousness? \_\_\_\_\_  
\_\_\_\_\_

History of Repeated Strep Infections? If yes, please describe. \_\_\_\_\_  
\_\_\_\_\_

Current Medications: \_\_\_\_\_  
\_\_\_\_\_

Current Primary Care Provider (if any): \_\_\_\_\_

Attended Therapy previously? Please list Therapist, Location, Reason Ended. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Do you Experience Issues with Pain? \_\_\_\_\_

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### Trauma History

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**Have you Ever Been a Victim of Abuse or Trauma:** (mark all that apply)

Physical \_\_\_ Sexual \_\_\_ Bullying \_\_\_ Refugee Trauma \_\_\_ Medical Trauma \_\_\_  
Emotional \_\_\_ Verbal \_\_\_ Neglect \_\_\_ National Disasters \_\_\_  
Traumatic Greif \_\_\_ Community Violence \_\_\_ Terrorism and Violence \_\_\_ Other: \_\_\_\_\_

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### Personal and Family Psychiatric History

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Please list Family Member, Diagnosis/Symptoms, When:

| Family Member | Diagnosis/Symptoms | When |
|---------------|--------------------|------|
|               |                    |      |
|               |                    |      |
|               |                    |      |
|               |                    |      |
|               |                    |      |

Is there a Family History of Learning Disabilities, Attention Deficit Hyperactivity Disorder, or Developmental Disorders? If yes, please list. \_\_\_\_\_

\_\_\_\_\_

Family History of Mania? If known please list. \_\_\_\_\_

Family History of Substance Abuse? \_\_\_\_\_

\_\_\_\_\_

Family History of Suicide? (attempted and/or completed) \_\_\_\_\_

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### Personal Mental Health History:

Have you or do you currently engage in Self-Harm Behaviors? Please list method if comfortable doing so:

Have you Expressed Thoughts of Suicide? If yes, please indicate when: \_\_\_\_\_

Have you ever attempted Suicide? If yes, please indicate when and how: \_\_\_\_\_

Have you ever Experienced Hallucinations and/or Delusions? Please Describe: \_\_\_\_\_

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### Substance Use History

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**Do You Use:** (mark all that apply. If occasional use, please indicate how often)

Alcohol \_\_\_\_

Synthetic Cannabinoids (K2/Spice) \_\_\_\_

Cocaine \_\_\_\_

Smoke Cigarettes \_\_\_\_

Marijuana \_\_\_\_

Vape \_\_\_\_

Marijuana Eatables \_\_\_\_

Chewing Tobacco \_\_\_\_

CBD Oil \_\_\_\_

Stimulants Recreationally (Adderall/Ritalin) \_\_\_\_

Opioids \_\_\_\_

Methadone \_\_\_\_

(Hydrocodone, Vicodin, Oxycodone,  
Percocet, Morphine, Codeine, Fentanyl, etc.)

Benzos (Xanax, Klonopin, Valium, etc.) \_\_\_\_

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### Systems

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Average Hours of Sleep per night? \_\_\_\_\_ Do you Experience Nightmares? \_\_\_\_\_

More Challenging: (mark all that apply) To sleep \_\_\_\_ To Stay Asleep \_\_\_\_ To Wake up \_\_\_\_

Is your Bedtime Routine an Issue/Inconsistent? Please Explain: \_\_\_\_\_

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Recent Changes in Your: (mark all that apply) Mood \_\_\_\_ Eating Habits \_\_\_\_ Weight \_\_\_\_ Exercise \_\_\_\_

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## Educational History

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Highest or Current Grade Level Completed: \_\_\_\_\_

Have you previously been Diagnosed with a Learning Disability? \_\_\_\_\_

Current Employer: \_\_\_\_\_ How long? \_\_\_\_\_

Employment Status:

Full Time (30 hours or more) \_\_\_\_ Unemployed \_\_\_\_ Volunteer \_\_\_\_ Internship \_\_\_\_

Part Time (Less than 30 hours) \_\_\_\_ Retired \_\_\_\_ Other (list) \_\_\_\_\_

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## Technology, Social Media and Video Game Play

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**Currently, how many hours per day do you spend:**

Online (internet) \_\_\_\_ Playing Video Games \_\_\_\_ Watching YouTube \_\_\_\_ Watching TV \_\_\_\_

Streaming Movies/Shows (Netflix) \_\_\_\_ Using Social Media \_\_\_\_ Texting with Peers \_\_\_\_

Using Facetime \_\_\_\_

What Social Applications (Facebook, Instagram, Snapchat, etc.) do you use most? \_\_\_\_\_

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## Legal

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Any legal history of note? (Past, current, pending) \_\_\_\_\_

Any Custody Related Legal History? \_\_\_\_\_

Any Family Legal History of Note? \_\_\_\_\_

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## Religious/Spiritual History

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What religion or spiritual background do you ascribe to? Family ascribe to? \_\_\_\_\_

How important is your religion and/or spiritual beliefs in your daily life? Family structure? \_\_\_\_\_

# Military History

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Any Family Military Service of note? If so, please identify branch of service:

| Family Member | Military Branch | Saw Combat<br>Yes __ No __ |
|---------------|-----------------|----------------------------|
|               |                 | Yes __ No __               |
|               |                 | Yes __ No __               |
|               |                 | Yes __ No __               |
|               |                 | Yes __ No __               |

Lastly, is there any other information/concerns about you and/or your family you would like me to know that would assist in treatment? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

[Click here to email](#)

**Thank you in advance for taking the time to provide the above information!**